



# NEW COMMUNITY

# CLARION

SERVING THE PEOPLE OF BABYLAND - St. ROSE OF LIMA & NEW COMMUNITY

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## Summer Enrichment A Reality

For many of the forty youngsters aged 5 to 13 years, a horse was something you saw in the movies or on TV -- until they joined the Babyland Summer Enrichment Program. Now all that has changed.

At a recent series of visits to West Wind Riding Academy in Pompton Plains the children were gently introduced to their equine friends and expertly schooled in their care. They found out how horses are cleaned, shod and saddled, as well as how to mount and ride.

The younger ones are getting better acquainted with the steeds while keeping their feet on the ground. Those more adventurous have overcome their fears and climbed aboard. It is heartwarming to see how any have developed a real enjoyment of riding and become quite skilled in their ability, as they amble through the many wooded trails available, breaking into trots at times under the direction of their able instructors. Their confidence shines through the huge grins on their faces and the spirited laughter along the trail. The transformation from the first trip to the stable by children timid and afraid of horses, to the comfortable horse-lovers of today, with actual preferences for their favorites by name, marks the turn of a new page in their young lives. As Nickie Rawls put it recently, "I like the swimming and I LOVE horses."

which provides these opportunities is based at St. Rose of Lima School, but leads a nomadic life during its 7:30

am to 5:30 pm day. Activities may vary from visiting the Metropolitan Museum of Art in Manhattan, to riding the Flume at Great Adventure or enjoying the sun at the many beaches and state parks in New Jersey.

A trip to the Intrepid Sea Museum, which is actually the former aircraft carrier Intrepid used during World War II and now anchored in New York harbor, gave the group a hands-on look at a real naval vessel, and a taste of the history of aviation. Naval aviation especially was reviewed, up to the first space shuttle launch.

A better idea of the scope of Manhattan for the New Jersey youngsters resulted from a Circle Line cruise around the island, highlighting the many bridges and waterways connecting the lower New York area with its mainland extensions. "This summer program is really fun," remarked Angela Knox recently, "and you don't mind the new things the counselors are teaching us. Too bad our teachers aren't this fun in school!"

Of course no summer program would be complete without a trip to the zoo, and the Staten Island Zoo proved as magnetic as ever to the love of nature inherent in children.

Every child should learn how to swim, believes the program director, since so many activities in our society occur in or near the water.

The serious business of water-safety is approached on weekly visits to the "Y" in Orange where the children are



Prancing home after a busy day on the trail horse and rider share the enjoyment. Riding is tops on the popularity list in Babyland Enrichment Program.

broken down into classes according to ability and taught beginner to advanced swimming, by qualified Red Cross life-saving instructors. Aerobic dance has also been part of their "Y" curriculum.

An introduction to one-on-one athletics takes place a short trip north in Elmwood Park where tennis skills have been the subject of much attention -- and balls are now being hit OVER the net. Every potential tennis player must first learn court etiquette so as to avoid tripping their

neighbor, and the youths have been fast to learn.

When the schedule reads "St. Rose" the enrichment program includes activities such as John Alston's music appreciation classes. John is a music major and also enjoys speaking different languages, the knowledge of which he integrates into the children's classes. Classical to pop music are covered in the class along with a real appreciation for musical

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### NCC to RECEIVE UDAG FUNDS FOR ST. JOSEPH PLAZA

On July 1, 1983, the United States Department of Housing & Urban Development (HUD) announced its approval of New Community's application for a \$475,000 loan under the Urban Development Action Grant (UDAG) program. The funds will be used by NCC to pay for a portion of the renovation costs of the St. Joseph Plaza project. HUD will forward the money to the City of Newark which will, in turn, lend the money to NCC.

The UDAG loan completes the 1.8 million dollar financial package for this project. HUD's announcement culminates a strenuous three year effort on the part of NCC to secure the financing for this innovative endeavor.

The Newark Economic Develop-

ment Corporation, the Newark Office of Planning & Grantsmanship, the Mayor's Office, the Newark Municipal Council and the New Jersey Housing Finance Agency were all instrumental in helping NCC to secure the UDAG loan.

NCC will have ten years to repay the loan to the City of Newark. As the loan is repaid, the City will reuse the funds to finance additional redevelopment activities.

Chelsea Construction Company (NCC's non-profit affiliate) began the preliminary clean-up and job set-up work at the church immediately after the UDAG loan was announced. The building is expected to be ready for occupancy in the Spring of 1984. The renovated structure will contain 24,000 square feet for professional offices and a restaurant.

### SAINT VINCENT ACADEMY A NEWARK TRADITION

Dare...To Dream, To Hope, To Feel  
Dare...To Believe, To Seek, To Find  
Dare...To Grow

Theme Of Class Of '83

This theme captures the feeling of the Class of '83 but the theme of the school could easily be "Dare To Survive." For despite all odds they are doing just that.

What makes survival so important to them? Why not just give up?

Permeating every conversation during our visit was a heart felt concern for the 270 young women studying there, for principles, and for the community-at-large.

Saint Vincent Academy CARES. But more than that they believe

strongly in the rebirth of Newark and of their own role in that process. The focus of their teaching is on **remaining** in Newark and making it a better place, rather than an upward-outward direction.

An administrative team of three Sisters of Charity of Convent Station share the responsibility for the school.

Sister Eileen Bradshaw is in charge of the overall organization while Sister June Favata is program director responsible for curriculum, recruiting and special programs. The third member of the team Sister Margaret Killough handles scheduling and coordination of the business

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## Keeping Pace

*NC Director of Development continues series on development activities and related concerns.*

NCC has always manifested a special concern for the elderly. As Lewis Graves wrote in the May, 1983 **Clarion**, we recognize the elderly as "noble pioneers who paved the way" for today's younger generations. Newark's senior citizens are especially dear to NCC since so many of them have a long history of involvement in the civil rights struggle.

On the whole, however, American culture is not widely noted for its reverence for the elderly. It is a culture which worships youth and



**Matthew**

**A. Reilly**

dreads old age. The elderly are frequently viewed as bothersome reminders of our own mortality. This attitude may gradually change as the population pyramid in our nation continues to shift in the direction of the older age brackets. During the 1980's, the American population is expected to grow by 9½%. At the same time, the number of people age 65 and over will increase by 19½%. People over 65 will account for 1 out of every 8 Americans by the end of this decade.

Approximately 55% of NCC's housing units are occupied by the elderly. Our first apartment building for the elderly (180 South Orange Avenue) opened its doors in May of 1978. Our most recent building for the elderly (Manor) was occupied in January of this year. While a person must be age 62 or over to qualify for a senior citizen apartment, it must be remembered that a man of age 62 has a life expectancy of age 77; a woman of age 62 can expect to live for 20 more years. Thus, NCC will see a steady increase in the average age of our elderly residents as the years go by.

Many of our elderly residents have

waited a lifetime to occupy the sound, safe, attractive housing which NCC provides. While we are proud of our accomplishments in this area, we must once again raise the familiar refrain that housing is simply not enough.

Whether we like it or not, the aging process is often accompanied by a sharp increase in health problems. The elderly have a tremendous need for a comprehensive health care system. Such a system would include the following components:

1. **Congregate Care** for those who need a little help with daily tasks (cooking, bathing, etc.) in order to maintain their independence and remain in their own home;

2. **Medical Day Care** for those who need a small amount of regular medical attention (therapy, monitoring, etc.) in order to maintain their independence and remain in their own home;

3. **Nursing Care** for those who require an extended period of medical attention and monitoring at a level which cannot be provided in their own home; and

4. **Hospital Care** for those who are experiencing acute health problems which require intense, constant, sophisticated medical supervision.

Some of these components are more readily available than others to Newark residents. For instance, NCC currently operates an experimental congregate care program in conjunction with the N.J. Division on Aging and the U.S. Department of Agriculture. At the other end of the continuum, the 530 bed UMDNJ-University Hospital is just across the street from NCC's primary development area in the Central Ward. When it comes to medical day care and nursing care, however, our senior citizens have a much more difficult time.

In July of 1982, the Essex County Department of Citizen Services estimated that 400 Essex County residents were awaiting nursing home placement. At that same time, University Hospital had approximately 50 patients who were occupying expensive, acute-care beds while waiting to be placed in nursing homes. This lack of nursing-care beds,

creates enormous hardships for the elderly. It also places a financial strain on the medical delivery system which must finance hospital care simply because the less expensive nursing care is not available.

Against this backdrop, NCC has undertaken the development of an Extended Health Care Facility for the Elderly which will be built on a site adjacent to our Central Ward development area. This proposed facility will include 180 nursing-care beds and space for 60 medical day care clients. The total development cost for this new 4-story building will be approximately 10.5 million dollars.

NCC has assembled a talented team of professionals to assist us on this project. The team includes McCarter & English (Legal Counsel), CUHG2A of Princeton (Architects), E.F. Hutton (Investment Bankers), Suburban Mortgage Associates (Mortgage Bankers), Touche Ross (Feasibility Consultants) and Ricciardi Building & Construction Company (General Contractors).

The permanent financing for this project is expected to come from two sources. Primary financing will be

provided from the proceeds of tax-exempt bonds to be issued by the N.J. Health Care Facilities Financing Authority. These bonds will be insured under HUD's Section 232 Mortgage Insurance Program. The remainder of the financing will be provided by HUD UDAG funds via the City of Newark.

NCC has made substantial progress towards the construction of this facility. The site is under control and a variety of government approvals are in process. We hope to break ground later this year.

In addition to meeting the health care needs of our elderly residents, our proposed new facility will create approximately 120 new, permanent jobs. The building will be another step forward in the physical redevelopment of the Central Ward. It will also make a major contribution to the economic revitalization of our neighborhood.

The development of this facility together with the medical offices to be provided at St. Joseph Plaza (see page 1) are a good indication of NCC's intent to assume a broader role in the delivery of health care services to the people of Newark.



**FENCING AROUND.** A section of new fence is being put into place by Wade McFaddin with the help of his sons Edward (in foreground) and Wade Jr. in rear. New fencing is being put all around New Community property and will enhance its beauty.

## Beautifying New Community

Beautifying New Community is always high on our list of priorities and the fences sprouting around the neighborhood are an ongoing program to dress up the area and give a cozy feeling to the housing.

The latest phase covers most of 15th Avenue and will return up 14th Avenue at Jones Street covering the top section of N.C. Manor. South Orange Avenue is now completed and Northeastern Service Company is working on the Orange Street Site.

The fencing has a modern look created by the use of sturdy painted tubular aluminum and is made by Westmoreland.

A secondary result of the fence will be to restrict pedestrian traffic to established walkways which will bring a smile of relief to the tender sprigs of grass trying their best to carpet the neighborhood.

Let's keep New Community Green!





## No Minimum Age for Pride in NCC Willing Hands With Generous Hearts



**THE BIGGEST LITTLEST VOLUNTEERS.** Proudly wearing the new Festival '83 tee shirts, "Proud to be Part of New Community" are two of the four youngsters who made up a volunteer maintenance crew that cleaned the Social Service office recently, Frankie Walls, director, (also known as "the boss"), and Desmond Grayer, the foreman.

Shortly after Festival '83 four serious young faces aged 3 to 11 appeared at the door of NC Social Services to ask a question — How could they obtain one of the small gold pins inscribed NCC which they had seen recently?

Sister Anastasia politely explained to the youngsters that the pins were not available for the asking. They had been given out at a dinner held recently to thank the many adults who had worked so hard for New Community. The pin must be earned, they were told.

Sister expected them to leave.

Instead the four sat down and held a quick conference, trying to figure out what they could do to earn their pins.

Together they decided that they would clean the Social Services offices, and they sent Sister scurrying for a bucket and supplies.

They weren't about to leave. Not without their New Community pins.

As the personnel watched in admiration, the boys began by organizing themselves. Their unspoken cooperation and the respect shown

one another generated glances of approval from their audience.

Frankie Walls, 11 years old, became the director. Desmond Grayer, 10, became foreman, and Gerald Cason, 10 and Steven Greenleaf, 3 (proudly brandishing his dustrag) became crew men. Inside of one hour they had washed file cabinets, polished desks, washed window sills, cleaned chairs and dusted blinds. Frankie checked each job as it was done, running his finger along window sills and spotting anything missed. They were amazing!

When they had completed their chores the four proudly asked for their pins, which they deserved without question. Much to Sister's chagrin there were only three pins, but a special New Community tee shirt was also available. Without hesitation, Frankie, Desmond and Gerald decided that little Steven should have the tee shirt for doing such a fine job.

All who were there were tremendously impressed with the young people's serious and responsible attitude, their pride in New Community, and their ability to agree on a job and get it done. They never dreamed of taking "no" for an answer concerning their sought after pins.

The boys faces glowed with pride as the hard-earned pins (and shirt) became theirs ... And the hearts of all in Social Services glowed too ... at the goodness of these four proud young friends.

### CORRECTION

In the June Issue of the Clarion it was incorrectly stated that Elizabeth Hernandez, 3rd place winner of a contest sponsored by the Newark Board of Education and City National Bank was a student attending Louis A. Spencer School. Elizabeth, in fact, is a student attending Camden Middle School.

### THE NEW COMMUNITY CLARION

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## New Community Visited By Essex County District Court Judge

On July 12, 1983, the Honorable Rosemary Higgins Cass toured the New Community area to see the housing and services offered our tenants. Judge Cass is presently assigned to handle landlord-tenant cases in Essex County.

Her visit was in response to an invitation by Mr. George Hutton, Assistant to the Board of Directors of New Community Corporation, who felt the judge might appreciate a close-up look at Newark housing. Judge Cass accepted the invitation and two days later visited the NCC neighborhood.

During the tour Judge Cass inspected New Community Associates and the surrounding townhouses. Ms. Martha Chaneyfield of Commons Family and Ms. Margaret Garland of Commons Seniors also graciously

### Commons Seniors

Our Arts and Crafts Club is beginning to show progress in development of new skills. Structured directions from our instructor, Ms. Connie Taliaferro, is making these afternoons, Monday and Fridays, special.

Members are beginning to use many materials they did not realize could be geared into meaningful productive items.

Ms. Taliaferro is gifted with patience, charm and the ability to bring out the best of us to venture into imaginative fields of creations.

The lovely items will be exhibited this fall during our sale days. Don't forget the dates Monday and Fridays at 1:00 p.m. in the Community Room.

### Gospel Choir

The 140 Gospel Choir is now ready to present musical events. We have been given a beautiful piano by NCC officials: Mr. Art Wilson, President and Mr. Joe Chaneyfield, Vice President. Within a few weeks the choir will give its first affair. Notice of this festive event will be posted throughout New Community for the enjoyment of all.

### Fishing Club

Members of the fishing club will be joining others on our first fishing date: August 6th at 6:00 a.m.

### Bingo

Join us in an evening of relaxation and fun every Wednesday at 6:30 p.m.

### The Garden Club

The hot weather has not been too kind to our vegetables. The members will be planting again and a new crop will soon appear. The Harvest Banquet they will attend in August will be lovely again this year. Information on this will follow.

### Shut-Ins-Deceased

The shut-ins and ill of 140 are wished a speedy recovery.

May the burdened hearts be made lighter by our prayers for our deceased neighbors.

### 140 Club

The 140 Club is ready for the first long weekend of the summer beginning August 26 to Montreal Canada.

Monthly meetings are held on the first Monday evening at 6:00 p.m. in the Community Room. The President, Mrs. Simpson invites you to become a member.

Ruby Dawson

opened their apartments to the judge.

According to Mr. Hutton, Judge Cass was pleasantly surprised and impressed with what New Community had accomplished in the Central Ward of Newark. She noted especially the support services available such as our Health Care Center, Social Services Department and Security set-up.

New Community on the other hand, was also impressed with Judge Cass, who took time out to actually see some of the housing to enhance her knowledge of the area.

During her visit Mr. Hutton extended an invitation to Judge Cass and any other judges to participate in a longer tour of both New Community and other housing developments of Newark at a future date of their choice.

## NEWARK PUBLIC LIBRARY REVISED SCHEDULE

A revised Summer Schedule has been announced by the Newark Public Library for its main building and branches effective immediately.

Children's Rooms at each of the branch libraries, had been closed mornings since a one-third lay-off in staff occurred in October, 1982. Children's Rooms and Adult Rooms at all branches will now be open from 9 am to 5 pm with one hour lunch period (12-1) at Children's Rooms.

"We are pleased to be able to increase the hours at branches," said Thomas J. Alrutz, Library Director, "especially to accommodate our usual heavy schedule of children's activities during July and August." The Library offers a full-array of programs for children at each branch throughout the Summer.

The Library's Summer schedule is as follows:

ADULT ROOMS—Monday through Friday 9 am - 5 pm.

CHILDREN'S ROOMS—Monday through Friday 9 am - 12 pm and 1 pm - 5 pm.

BRANCH BROOK, 235 Clifton Avenue

CLINTON BRANCH, 739 Bergen Street

NORTH END, 722 Summer Avenue

ROSEVILLE, 99 Fifth Street

"These hours are effective through September 3," said Alrutz, "and patrons may call any branch through our Centrex Service for additional information." Telephone directories are available at all Library units.

For additional information, call (201) 733-7800.

**15th ANNIVERSARY  
GALA BALL**  
**FRIDAY OCTOBER 21, 1983**  
**AT QUALITY INN**  
**PARK PLACE**  
**NEWARK, NEW JERSEY**  
**RESERVE THE DATE!**



# Saint Vincent Academy



**SAINT VINCENT.** Still on duty keeping a watchful eye on HIS girls, Saint Vincent, carved in stone, sits above the front entrance as an inspiration to those who have been and those who will follow.

(continued from page 1)  
department.

Approximately 73% of the school population are Newark residents and the school curriculum encourages involvement in their neighborhoods and commitment to their community. Throughout their four years the students are introduced to the history of the city and to its problems. Thanks to a community service program called Student-in-Community, the prototype of which began in the '70's, at some point each year the en-

tire student body enters into community service and volunteer work.

For underclass students it is a week each spring. For the senior class the religion program is Student-in-Community and together they service over 25 non-profit agencies through their weekly volunteer work.

Babyland Nursery enjoys the services of students from St. Vincent each year in its daycare centers.

Before graduation a student must have given at least seventy hours of service to a non-profit agency. Through this active participation the young women learn more about their community, the services available to them and others, as well as what causes some of the problems.

"The students gain by giving" according to Sister Carol Williams who guides the program. They also become much more aware of the Gospel message of shared talents as well as the integration of religion and life.

Since funding is a basic given in non-profit agencies, the women also learn that political pressures and decisions affect the performance of people. But understanding not criticism is stressed.

According to one of the tenets of the Academy:

"All knowledge is approached though its value to the development of human society, especially in the areas of social justice and family life."

In the academic curriculum, college preparatory courses are offered with a business curriculum purely elective. Some typing and personal economic skills are required in sophomore year.

A team of freshmen teachers plan and revise the freshmen schedule constantly to provide for development and remediation of basic skills, for a firm foundation ensures academic success. Students with special gifts also receive special programs.

Each girl is seen daily one-to-one through a special mentoring system which supports, prods, counsels and encourages her to a liking of herself as a person. For this is the key to personal growth.

Expressing another facet of the



**TRUST EXPERIENCE.** And you have to be very trusting as the girls of the junior class demonstrate in a recent class day experience.

school's philosophy Sister June Favata, program director, and one of the administrative team pointed out the desire to create "women who can take a chance on something. If they fail it is not destructive." This requires inner strength and confidence, a positive self-image, which is what St. Vincent Academy tries to develop in each individual.

That the students appreciate all this care became obvious to the teachers at a surprise "Teacher Appreciation Day" held by the senior class during which they were roasted. Notes were left in the faculty room chiding them for such things as "loving to much" and "spending too much time for students' welfare."

The seniors also planted a new dogwood tree on the grounds, symbolizing "Daring to Grow" and felt they had thereby left something of themselves.

Yvonne Murphy, class of '83, and a resident of New Community felt that at St. Vincent she was doing things for herself. "You were not treated like babies," she stated emphatically, adding, "I miss it already." She is looking into Katherine Gibbs School of Business for her future.

An earlier graduate, Charlene Harvey '66 is now Director of Property Management at New Community and joined the first class of women entering St. Peter's College in Jersey City upon graduating from SVA. In 1974 she graduated from Rutgers Law School. Charlene felt the foundation given in SVA helped shape the study habits and skills necessary to persevere through these phases of higher education.

With a balanced program of academics, social skills and values the students learn to be responsible citizens and Christians.

The result of all this effort shows in some pertinent facts and figures compiled for the last five graduating classes: 80% entered college; 7% other schools; 10% employment; and 3% service.

Working along with the student to accomplish this outstanding record are their dedicated parents, for a premise of any student's acceptance into the school is that her parents must be involved in its support.

Parental interest is vital not only for financial reasons (the \$925 tuition

covers only one-half the cost) but for moral support and encouragement since this is a team effort—student, home, and school.

The 100% cooperation of the parents manifests itself in the 95% daily attendance rate as well as the \$50,000 they pledge to raise each year.

A grant which Sister June had applied for came through causing a minor panic the day of our interview as her joy resounded through the seasonally empty halls. Financial stability is a constant problem.

A second facet of the financial picture is Century 2—a three-part plan to establish a million dollar fund by 1988. Director of Development Pat Thornton reaches out to alumni and friends spreading information.

An initial grant from the Newark Business Community got the plan off the ground and the community has promised support if the school's financial picture is improved.

Since its establishment in 1869 in The Wallace Mansion on Market Street, SVA has been a vital source of secondary education for women in Newark. The main academy building completed and dedicated in 1888 must be repaired and updated to meet changing needs. The Century 2 plan hopes to accomplish the restoration and provide both a scholarship fund and a general endowment fund. But it will not come easily and there is still much to do.

To quote the school brochure:

"St Vincent Academy will continue its tradition of working with young women of Greater Newark to fully develop their human potential. St. Vincent is committed to developing a true Christian community by challenging our students to be informed and responsible women in the world community. We will continue to develop programs which meet the needs and goals of students. We plan to adapt the buildings to meet changing needs. By restoring the vitality and beauty of our school we will be another visible sign of the renewal of life in the Central Ward."

Newark needs that visible sign.



**REMINISCING.** Ms. Charlene Harvey, New Community's own Director of Property Management and a graduate of SVA class of '66 reminiscing about the good old times with Yvonne Murphy class of '83.



# Culture and Art

## Is There Really A Message In the Music?

Is there really a message in the music?

In the past the only link to quality music for blacks and minorities in their communities would be provided by the smaller, less powerful black owned AM and FM stations at the end of the Radio dial. These local stations pounded out the heavy and soulful sounds of black artists such as Aretha Franklin, Johnny Taylor, the Intruders, the Delfonics, James Brown, The Impressions, Roberta Flack, Nancy Wilson, Donny Hathaway, Gladys Knight, The Spinners, The Ojays and Santana and others. The message communicated to our youngsters was one of love, hope, happiness, joy and pain. This music served to keep us in touch with ourselves and our daily lives yet served as a chain to link us to those around us as well.

In recent years the music industry has fallen on hard times and record sales aren't what they have been in years past. Record sales in the black community have always been high because for many blacks listening to records was our primary form of entertainment. We have always been led to believe that our music has no universal appeal. Those who control the music media and have the power to manipulate our youngsters and ourselves to purchase certain types of music, decided that they would continue to play the black sound but this same sound would be reproduced by white recording artists.

As a result of this great experiment of the seventies we wound up with stations like 92 WKTU and KISS FM competing with the smaller less powerful black owned radio stations like WBSL, WNJR, and WWRL. These smaller stations have to com-

pete with KISS and WKTU for their share of the commercial market dollars. In the competition for dollars the only losers are those of us who buy and listen to records. Those black owned radio stations that once geared their format towards the black community have now changed their focus and geared it towards the general listening audience.

If you listen to any of the top radio stations in the metropolitan area during the course of a day, chances are you'll hear a total of about twenty records.

There is no variety in the type of music that is played and the majority of the music played is dance music. Whatever happened to the good old love songs of the 60's and 70's. The type of songs you could have heard twenty years ago but if you heard them today they would evoke that same emotional response in you!

The reality of the situation is that the recording industry is not concerned with your musical enjoyment or taste but rather with providing that music which will generate the most dollars. There was a time when people thought all we could do well was sing and dance and now we're being told that we can't even do that well. The insulting part of it all is that the music and movie industries supply us with artists like Olivia Newton John, The Go Go's, Rod Stewart, Rick Springfield, Led Zepplin, Black Sabbath, Joe Jackson, John Travolta, and movies such as Flashdance, Saturday Night Fever, and Staying Alive. The image portrayed through their music and dance is one of "you don't know how to sing and dance so we're going to show you!" Is there really a message in the music? Listen!

Paul Reid

## Music: The Mood Setter

How do we define music? It is the art of organizing sound so as to elicit an aesthetic response in a listener.

The composing and playing of music is both an art and a science. The raw materials of any kind of music are certain characteristics of sound and pitch (highness or lowness), timbre (tone color), intensity (boldness), and duration.

These raw materials are organized by means of the basic elements of rhythm, (the pulse or beat), melody (the tune), and harmony (the blending of tones). Melody reached its highest development in the Orient; rhythm in Africa. Europeans add harmony.

Music is often called the universal language because its meaning and appeal are largely the same for people everywhere. It has almost limitless variety. Music can express the widest range of human experience and feeling: joy and grief; love and hate; amusement and reverence. It can also be destructive.

What kind of music do the young people in our community and others nationwide listen to? Rhythm and blues, pop, rock and roll, soul, disco. What influence does it have on them? **YOU BE THE JUDGE.**

I believe there is a direct correlation between how they relate to each other, how they think, how they feel, and the music that they listen to all day long.

But the youngsters say, "this is the music we like."

Perhaps people do not always know what they like or do not like.

One must study marketing and advertising in this country to understand this point. The consumers in this country are particularly naive. They allow the marketing and advertising industry to lead them to make purchases as though they were their own idea. But people do not like to admit or think they are being manipulated, so if they are accused of this they usually say they are individuals and do what they want to do; while in fact, they are being manipulated by people who control their choices.

Who are these people? It is difficult to name them specifically. Consumer

manipulation does not come singularly from the music industry, but there is a media community around the world, centered in this country perhaps, who make certain kinds of decisions which affect our lives. We must learn to make our own.

I mentioned before that music can also be destructive. Here are some things to consider to kind of demystify what is meant by making music destructive. You are undoubtedly aware that music is being used by therapists to heal, to calm and to relax people; also as a therapeutic balm in dealing with retarded children. Music has value as therapy clinically because scientists have discovered that music bypasses all your emotional barriers; it goes directly to your central nervous system. That is why you can be talking, or thinking about something else, but when a danceable piece of music comes on, you begin to tap your foot, or bob your head in time to the music, while at the same time you continue your conversation, or your reading, or whatever else you were doing. For music bypasses all the intellectual controls and external stimuli. **This means therefore that music can be used to adjust a person's temperament.**

Now let us take a look at how that relates to the temperament of the young people in the streets of your community and mine. The music they listen to 24 hours a day (for they take their music with them, with radios the size of foot lockers, commonly called "ghetto busters"), is high-energy, up tempo and disorganized.

Since, it has been scientifically proven that music can calm you down, or lift you up, can cool out your nerves, or can jangle them, I believe the playing of this style of music does set nerves on edge and that is how the process of music being a destructive force works in our communities today.

Perhaps it is time to change that, otherwise our children will never know the joy of the classics or jazz or the other melodic tunes of years gone by.

Myles E. Walker

## Baby Grand Arrives

Residents of NC Commons recently held a ribbon cutting ceremony, in celebration of the arrival of their new Kawai Baby Grand Piano.

The 140 Chorus and tenants club is elated to have the sorely needed musical instrument as music is a source of much enjoyment for us.

For some time now the seniors have been requesting a piano, however, due to more important priorities, cutbacks in funding, etc., it has been difficult to meet the request any earlier, according to Mr. Arthur Wilson, President of New Community Corporation Board of Directors. Mr. Wilson said he was pleased the seniors liked it and he was certain that good use would be made of the piano and good care taken of it.

A demonstration of the beautiful new piano was immediately forthcoming as Curtis Watkins, St. Rose/NCC Cultural Advisor, provided musical and vocal entertainment. The 140 Gospel chorus then sang favorite gospel songs. Ms. Zera Brown, manager of the group stated that she was very grateful to the NCC

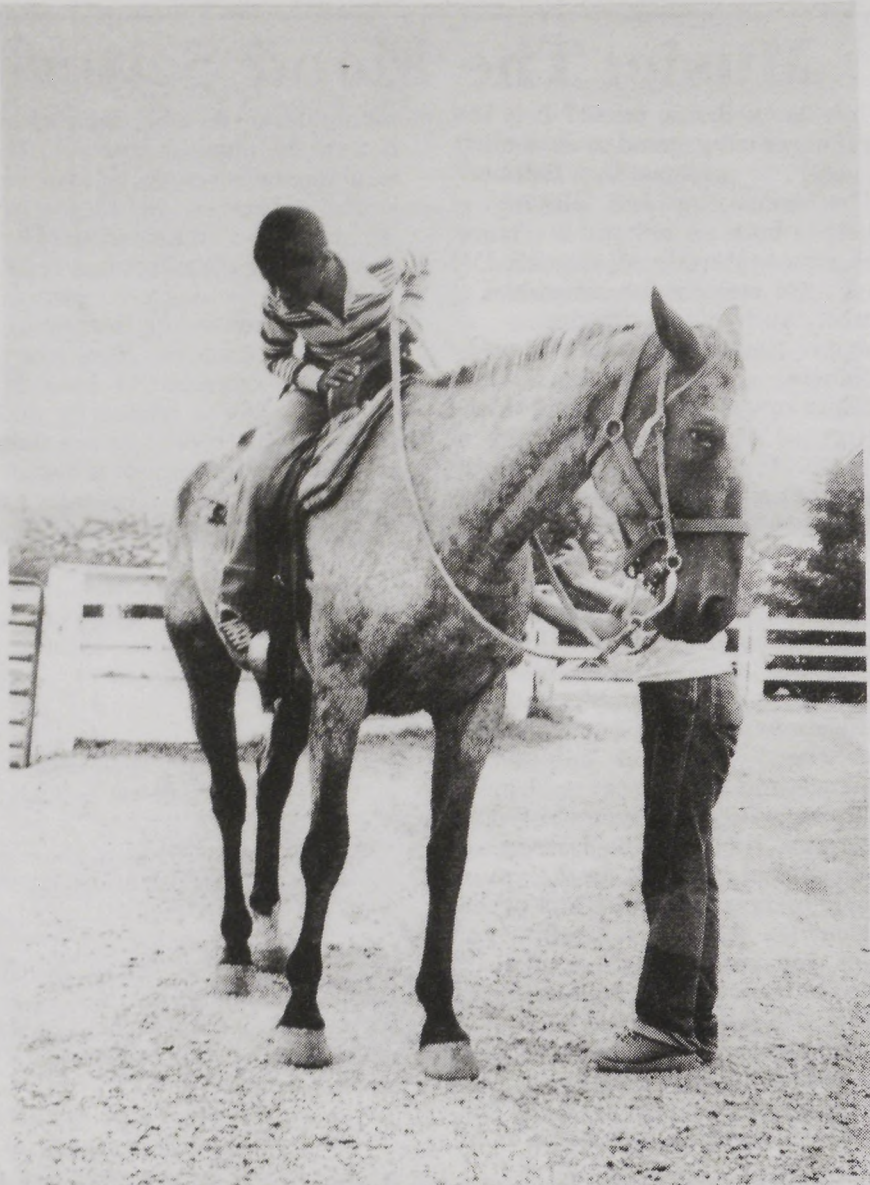
Board and to God for the piano. Refreshments finished off the celebration.



**THEY SHALL HAVE MUSIC.** Members of the 140 chorus and president of the Tenants Association, with the help of Curtis Watkins, (seated at piano), cut a ribbon to welcome the installation of a new piano.



# Summer Enrichment a Reality



**A LITTLE OUT OF REACH.**

(continued from page 1)

content. "I am learning music, good manners, and I like the counselors," Rodney Reese told us. "They try to understand the kids and listen to our point of view."

Parent Rosemary Gilmore said of the program, "Arthur is learning that education and life are fun. He's learning new languages, and has a new

outlook on music. He also enjoys cooking for me now and trying his new dishes."

It seems one of the favorite St. Rose sessions involves EATING and is a gourmet cooking class conducted by Gayle Chaneyfield, program coordinator. Starting with the proper way to set a table and table etiquette



**SADDLE UP.**

the children progress to cooking dishes of other lands and learn about the countries as they go along. A Japanese tea party was held recently. Gayle also teaches aerobics and dance.

A more serious subject is addressed in a first aid and home safety course included in the enrichment program. Doris Knox, a registered

nurse, led the children through the course which also included home cleaning. She stressed such things as the correct use of kitchen appliances, keeping cleaning utensils and cleaning fluids out of reach of small children and pot handles turned in on

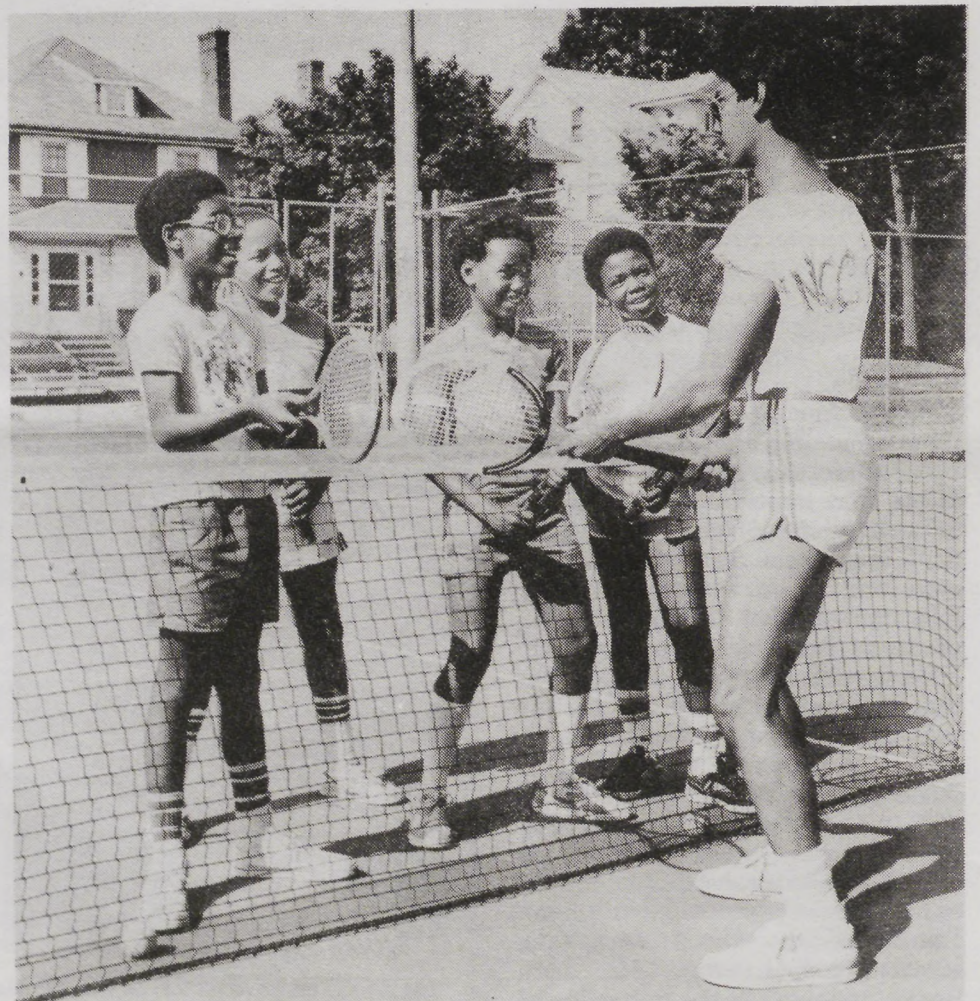
the stove, and medicine cabinets securely locked. With so many single-parent families and homes where both parents must work, this knowledge could save a life.

To help the children cope with the smaller crises of life "Survival Sewing" has just begun under the direction of Martha Palmer and Mae Jarmen, and is just that. The children will be experts at buttons and mending when finished as well as skill-teaching projects like pillows and dolls designed to develop nimble fingers.

For others like Yahonda Horn the library trips provide pleasure, with quiet time to browse, choose books,

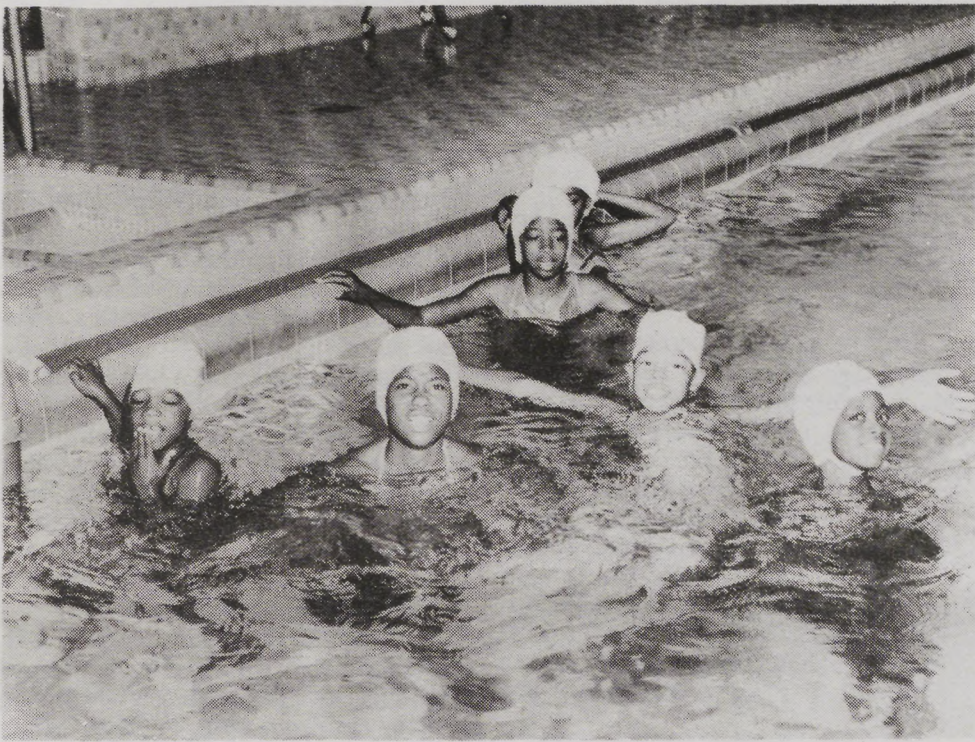


**NON-RIDERS ARE INTRODUCED TO A HORSE.**



**NOW THIS IS THE WAY.**





KEEPING AFLOAT.

and learn the vistas to be opened through reading. She feels she is "learning to read better" as a result of the program and "really enjoys the books." The younger children choose books they would like read TO them.

Michelle Ransome had trouble making a favorite choice when asked. "It's hard to pick any one activity I like because I love them all. I am having fun and learning too!"

Looking to the future there are some exciting things ahead in August including a trip to Schoenburg Library, part of the New York Public Library system. Housed in Harlem, it contains a marvelous collection of books describing the Black Experience, from Africa and the Caribbean as well as related artifacts and music. August will also bring an experience in live theatre during a trip to see "Annie". Their new social skills will be put to use during dinner at a restaurant where a seven-course meal will be served them.

The Montclair Art Museum will also be the subject of a day's outing. Easily reached from Newark it houses Early American Art as well as art submitted by local talent.

The children are very excited about the schedule and anxiously count the days while waiting for their favorite activity to be part of the days agenda.

Woven through all these day to day experiences are the creation of a positive attitude about self and the conduct of one's life, proper social behavior, and good manners overall as well as an opening of horizons possibly unseen without this opportunity.

One of the parents, Joan Carter, summed it up. "It's fantastic!" she volunteered enthusiastically, "I am grateful that my daughter Tracey is learning and enjoying it. She looks forward to going every day."

Truly the summer of '83 will be for these forty children a rich one long remembered.



ON THE TRAIL.



A SUPER EFFORT.



WATCH IT FELLA ... ONLY ONE AT A TIME.



## Television— The Other Curriculum

Neil Postman is a professor of education in the Department of Communication Arts and Science at New York University. He has done a very sophisticated analysis of today's competing learning systems: the schools and T.V. As a result, there is no doubt that T.V. is the **First Curriculum**.

Do you know that...

Children's author and reading specialist Nancy Larrick cited research showing that preschool children spend an average of 54 hours a week, which is nearly two-thirds of their waking time, in front of the television set.

By the time a child goes to kindergarten, he or she will have spent more hours watching television than a college student spends in four years of classes.

By the time a child graduates from high school, he or she will have spent about 11,000 hours in school compared to more than 22,000 hours in front of television.

What are some of the debilitating effects of T.V. on school-age children? In addition to **fatigue**, television contributes to **tension, suspicion**, and **aggressive behavior** in social relations among young children. Research has shown that elementary-level students who watch a great deal of T.V. tend to be **hyperactive, nervous**, and somewhat **antisocial**.

Frank Withgow, chief of the educational-technology-development branch of the U.S. Office of Education, emphasizes the fact that young children watching T.V. are often confused about where fantasy leaves off and reality begins. Hence we may have the child who believes that he, like Superman, can really fly, and may actually try it. He also states that when the Pink Panther jumps off a 500-foot cliff, that is not reality and it might be a good idea to point this out. Everything children see affects them more than we may realize.

Let us make a few comparisons of

the **school curriculum** vs. the **T.V. curriculum**:

**School** — One must be able to comprehend lower orders of concepts before comprehending those of greater complexity-hence the reason for prerequisites.

**T.V.** — Presents subject matter whole without regard to age, sex, level of maturity or education-no hierarchy of imagery or feeling-no prerequisites for watching-the curriculum has a sense of completeness.

**School** — Always more to know-concept or skill to be learned.

**T.V.** — One knows or feels everything at once-can not "fall behind". All lessons on same plane-nothing to be retarded and nothing to be developed.

**School** — Future intellectual rewards for learning its lessons.

**T.V.** — No deferred gratification-learners not put on "hold" for later intellectual or emotional satisfaction.

**School** — Curriculum is community centered, learning takes place in the presence of others.

**T.V.** — Curriculum is individual-centered—individuals learn in isolation.

**School** — Teaches you to behave as a member of a group-the individual is required to modify his behavior to conform to the aims and needs of the group.

**T.V.** — An individualizing medium - one experiences and responds to it in psychological as well as physical isolation from others. You behave as an individual — do whatever you wish.

**School** — Students participate in the Curriculum.

**T.V.** — Curriculum is authorization - information moves in one direction - students can not participate.

**School** — If student is disruptive and does not pay attention, he is removed from class.

**T.V.** — If a student is disruptive and does not pay attention, the **teacher** is removed.

Finally, it is of paramount importance to note that the learning modules on television are short and compact: Commercials are 10-60 seconds, "programs" are 30-60 minutes but are always sequenced in 8-10 minute modules. Because of this, our youth are **conditioned to intense concentration for short periods of time and deconditioned to sustained concentration**. Research shows that children see an average of 1,000 commercials per week.

Realizing that the television curriculum provides only input, this may have something to do with the increase in student misbehavior in school. When people are denied access to routes of response in one information system, then will they frequently be outrageously expressive when they find themselves in a situation where response is both possible and permissible.

Television will continue to increase its influence and prestige in our information environment and consequently it will not go away. Edward B. Fiske has designed **A Guide to T.V. Watching** which may be used as follows:

1. **Know what your children watch and when.** Is T.V. playing too large a role in their lives?

Be alert to the content including commercials. How does viewing affect your children? Do they experience tenseness which leads to fighting? Is there any family communication when all are watching together?

2. **Choose what to watch.** Never leave it to chance. For example do not use any less control in guiding your child's intake with regard to the personalities and ideas he encounters on television than you would as regards that which you allow him to eat.

Learn to turn the set off when the program that you choose to watch is over.

3. **Set limits.** Talking over the guidelines with your children and then following the established routine will go a long way towards bringing television viewing under control.

In setting limits it is important to be reasonable, accommodating such circumstances as illness with a revised schedule.

It is suggested that a ban on dinner in front of the T.V. set is not a bad idea - for parents as well as children.

4. **Join your children in watching and be alert to possible negative effects of certain programs.** When watching with younger children, be sure to point out what is real and what is fantasy.

Shirley L. O'Bryant and Charles R. Corder-Bolz, two scholars who have studied the effects of parents' viewing with children suggest that when something is presented on T.V. that is in opposition to the family's value system, you should react negatively. Similarly, when a program is in accordance with the family's views, members should approve of its content verbally and applaud.

5. **Use the time spent in front of the tube for maximum benefit.** We know that television can be a rich source for vocabulary development. Parents can list television terms such as "incredible", and "bionic", and encourage children to look up the meanings of the words and use them in conversation.

Many popular television programs are tied to books that children may want to read, such as the "Little House" series.

Television programs, such as some of the documentaries, can serve as a springboard for conversations with teenagers on such sensitive topics as drugs, rape, or teenage pregnancy.

Again, let us remember that the success of schools in minimizing the negative effects of television on their academic programs depends almost entirely on whether the parents share this goal.

Sister Marie Infanta Gonzales, O.S.P. Education Consultant

## NCC Seniors Graduate In Consumer Education

NCC seniors from five buildings have just completed an eight week Consumer Education Course. This course has provided them with pertinent information relative to services, from which they might benefit. Each week a different agency or company representative has been brought in to make a presentation and answer questions, relative to a given area. Participants have taken notes, asked questions and in essence become more enlightened on consumer issues. Approximately 35 to 40 residents in each of the five buildings took advantage of the program.

Having completed the course this month, participants attending these classes will now "graduate." Each person that has a reasonable amount of attendance will receive a certificate that has been signed by the Mayor. To celebrate the occasion, there will be a musical presentation and refreshments at each ceremony.

Virginia Scott  
Social Worker



**CERTIFICATES OF ACCOMPLISHMENT.** Seated at far right in front of Sister Marian, Flossie Griffith, field representative of Consumer Services for the city of Newark, beams proudly as she poses with some of the tenants who received certificates for completion of a consumer course she conducted.



## Tips on Health

*This section will be devoted to questions and answers on health. Please mail your questions to the New Community Clarion, 755 South Orange Avenue, Newark, New Jersey 07106.*

Question: Please write something about allergy.

Answer: Substances which cause allergic reactions are called **allergens**. Well-known examples are dust, animal hairs, pollens, spores of molds, dyes, soaps, cosmetics, some foods and drugs. When an allergen gets into the body for the first time, no allergic reaction takes place. Rather, the person produces a substance known as **antibodies**. Subsequent contact with that particular allergen will cause an allergen-antibody reaction and the individual is now said to have an allergy to that particular substance.

Reactions vary from minor skin irritation to fatal shock. When the reaction takes place in the skin, the histamine which is released will cause dilatation and thinning of the local blood vessels, with subsequent escape of fluids, resulting in redness and swelling of some areas of the skin. When the reaction takes place in the mucous membranes of the eyes and respiratory tract, the result is tearing and increased nasal secretion. When the reaction takes place in the digestive tract, the result is diarrhea. And when the reaction is generalized, there is widespread dilatation of blood vessels and subsequent loss of fluid, resulting in shock and possible death.

Some allergies are developed or acquired but some people are born with

allergic tendencies, which is genetic, meaning, that it is passed from parent to child. It is also suspected that strong emotional factors like anxiety, pain and anger can produce allergic reactions. An asthmatic attack, which is a form of allergy, is sometimes induced emotionally.

The most reliable way to find out what one is allergic to is by a skin test which is done by an allergist. Allergy is now a medical specialty in itself. The main advantage of having the test done is that the person knows exactly which substance it is that he or she is allergic to and therefore, can do something to avoid it. Of course, it is rather difficult to do this when the allergen is airborne, since one must breathe at all times. When taking any medicine, always observe for any



**Soledad Alston**  
R.N.

**Pediatric  
Nurse  
Practitioner**

untoward reaction and notify the Doctor right away. Penicillin is one drug that can cause fatal reaction known as anaphylactic shock. So remember, when asked if you are allergic to it, it is safer to say you don't know.

Most people are allergic to something but usually learn to live with it. However, if it interferes with one's normal functioning, then some form of treatment is definitely indicated.

Soledad Alston

## Shelter Welcomes New Coordinator

The Essex County Family Violence Shelter, part of the Babyland spectrum of services to women, welcomed Sr. Clare Elton, S.S.J. as coordinator last month.

A bubbly enthusiastic person, sister was searching for a place to serve women, and is excited about activities at the shelter. The opportunity to work with people who are pushed down and rejected as well as physically abused and psychologically scarred is an opportunity she welcomes. According to sister, "there is tremendous satisfaction in being a part of the turnaround occurring when the women recognize the power already in their hands to create a new life for themselves and begin to use the goodness and strength already within them."

Her knowledge of this comes from first hand experience since before coming to Babyland Sister Clare worked at Mercy Hospice in Philadelphia with abused and evicted women and street people, including an outreach program designed to find those who needed assistance.

Sister Clare earned her B.A. in Sociology at Chestnut Hill College in Pennsylvania and her M.S.W. from Temple University.

Preferring to work in a service area directly related to women sister is finding her work in Newark tailored to her choice. She sees hope for women in terms of both seeing the goodness already there and women profiting from support given to each other. This in turn gives them the energy to live up to the standards they set for themselves.

Children at the shelter are also terribly shaken and scarred by the experience of repeated abuse, and help

for them is now available. The Junior Leagues of Montclair Short Hills and the Oranges have provided funding



**Sister Clare Elton.**

for a separate social worker who will assist the children in coping with their emotions by developing a special children's therapy program. Included in it will be a play, dance, art and sports therapy. In order to provide maximum availability of the program to the shelter residents, 16 volunteers will be taught the skills necessary to conduct the sessions, guided by the social worker. These volunteers have been waiting for the opportunity to help, and we certainly appreciate their concern. People helping people make a winning team.

The Shelter Continues to be a vital community service and Sister Clare's concern for women which led her to Newark, is our good fortune. We are happy to welcome her to the Babyland family.

## Are We Living Our Faith?

Summer is in full bloom in New Community. Farmers and gardeners are harvesting their vegetables, trees are at their greenest, flowers are in their prime. As I see the summer foliage drenched in the sunlight and bathed by the gentle rains I think back to the days of our Lord, remembering the many agrarian references he made as he walked through Galilee teaching the crowds.

It is good for us to recall the parables of Jesus as we pursue the Christian Life, for despite the urbanization and industrialization of our Archdiocese, the simple rural images still speak clearly.

Christianity is not something which exists merely on the pages of a theological text or in a catchism. Christianity is a way of life. Very often Jesus made references to the hypocrisy of the Pharisees and Scribes who claimed to live righteously while only paying lip service to the requirements of the Mosaic Law.

It must not be the same with us, for we are called to reflect our faith in and love for God not only by what we say or claim to believe, but by the very way in which we live. "You can tell a tree by its fruit. Any sound tree bears good fruit, while a decayed tree bears bad fruit." (Mt 7:30,17) We must be recognizable as faithful followers of Jesus, known by the fruit which we bear.

Yet we know that because of our human imperfections, it is a great challenge to live according to Christ's precepts. Temptation exists all around us; there is a tendency to become selfish, taking advantage of those less fortunate than we. "The farmer sowing the good seed is the Son of Man, the good seed the citizens of the kingdom. The weeds are the followers of the evil one," (Mt. 13:38-39).

Because he became one like us, Jesus knew the difficulties of life in the world. He knew temptation (Mk 1:12-13) but rose above it, and he calls all of us to conquer the power of sin by joining ourselves ever more closely with himself. Although born as individuals, we are born into a family: our immediate family, the family of humanity, the family of Christianity. Our christianity, our faith does not exist in a vacuum, but grows and flourishes among other Christian people before whom we bear witness, and who bear witness to Christ before us.

Each act of profession of faith is a nourishment for the faith of other Christians, all of whom are rooted to the person of Jesus Christ. As members of his body we draw our strength from him and from the graces which he showers upon us. "I am the vine, you are the branches. He who lives in me and I in him, will produce abundantly, for apart from me

you can do nothing." (Jn 15:5)

Each day we are called to be more Christ-like than the day before. Each day we are to walk more perfectly in imitation of Jesus. Each day we are to know him more intimately so that we might love him more fully.

As we continue to enjoy these last several weeks of summer, let us be sure to note the glories of nature, the beauty of her foliage. Let us also remember each time we revel in nature's greenery and blossoms that we are part of the vine which is Jesus. Let us also then ask ourselves if we are fully alive in our Lord. Is our bloom on the plant which is Jesus as beautiful as the flowers of summer?

Sr. Anastasia

## Jazz/Jam Party For Young People

Sunday August 28th from 4:00 pm to 8:00 pm the joy of jazz will reign at the **New Playbill Lounge** at 575 Central Avenue in Newark.

Professional musicians will gather for a Jazz/Jam Party with amateur jazz lovers from the Newark Area. The event will be sponsored by the Newark Jazz Society.

There are no age limits and no tryouts necessary so come play along with the professionals. Maybe you can be the next Count Basie.

If you don't play an instrument you are still invited to just come and listen and let the sounds of jazz penetrate your being and get you in motion.

The Newark Jazz Society has been formed to keep Jazz alive in Newark. Membership is open to all and is not restricted to Newark residents.

The first part of their official statement of purpose, newly approved, emphasizes the desire to provide educational scholarships to young people of school age who are interested in studying America's Classical Art Form, Jazz music.

The Newark Jazz Society can be reached at the above address for information regarding membership.

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# Yes, There Is Christmas in July



...Believe it or not, Christmas does come twice a year for some families with the help and elfish efforts of the spirited Mrs. A. Reynolds, of WOR-TV, WOR-AM and KISS-FM stations also Executive Director of WOR Children's Christmas Fund.

Historically the children's Christmas Fund originated in 1972 when several persons got together and decided to fulfill a (seasonal) gap of need for children, not only in December when Christmas occurs, but in July. Originally, the fund was used to sponsor camperships for children, but then their focus grew larger to the point that the Fund now sponsors a "Christmas In July" giving, in which children and their families receive an assortment of gifts to enrich their summer season.

Those who make Mrs. Reynolds' efforts possible are persons just like yourself and myself who hear her request for donations via television and radio during the December Christmas period. After the traditional Christmas season is completed, the funds remaining are disseminated among over 300 agencies for Christmas in July.

Once again this July, Babyland Nursery, Inc. was included in the Children's Christmas Fund. In all, approximately 50 children and their families benefited from this delightful occasion. All of the families that participated in the receiving of gifts, are involved with the following programs: The Family Violence Program, the Protective Services Program, the Summer Camp Enrichment Program, and the Summer Youth Employment Program.

The youngsters were more than elated with the surprise, and each one received items such as: educational books and material, storybooks, material for art and craft projects, toys, summer short sets, tennis sneakers, swimwear and beach towels, swim equipment, sporting equipment, picnic bags, jugs, book bags and tote bags, as well as camping supplies and equipment.

Dorothenia Boyd  
Social Worker



## Babyland III Happenings

During the month of July, the children of Babyland III enjoyed a wide variety, of indoor and outdoor activities. Many exciting field trips were taken which included The Staten Island Zoo, Turtle Back Zoo, Lake Hopatcong and Round Valley Recreational area. The field trips provide educational as well as recreational experiences for the children.

The children, especially our infants and toddlers, are enjoying opportunities to get out into the fresh air in our wonderful play area. As the weather has been hot, the children look forward to a chance to cool off in our wading pool.

Outdoor activities also included a barbeque and picnic during which the children savored grilled hotdogs, hamburgers, baked beans and potato salad.

Our summer fun continues in August as field trips are planned to the following places: Liberty State Park, The Gingerbread Castle, Spruce Run Park, Echo Lake State Bradley Beach, Bertrands Island Amusement Park, Land of Make Believe, Sandy Hook and Hacklebarney State Park.

### PARENTS PLEASE NOTE:

Our Kindergarten Program begins on Sept. 6, 1983. If you are interested in enrolling your child please contact Babyland III immediately. Phone 623-8016.

Victoria Boyd  
Center Supervisor  
Babyland III

## Babyland II

During the very hot month of July the children at Babyland II enjoyed a fun-filled day at Lake Hopatcong. The kitchen staff packed us a box lunch of yummy things to eat and we were off to the beach.

To expand the life experience of our little ones and inculcate an awareness of their surroundings and the exciting variety of things to be seen in an urban environment we also enjoyed an exciting train ride to Journal Square in Jersey City, N.J. and back. The children drew pictures of what they saw for mommy to see.

The Summer Youth Employment Program (SYEP) has placed ten youngsters at our center, most of them boys. When asked "how do you like working with young children?" one worker's reply was, "I like working at the center, but I don't like changing diapers." During their six weeks with us, they will be having in-service-training once a week with Phyllis Rodgers, Education Coordinator, and Carol Leadbetter, Head Teacher.

### Up Coming Event!

August 18, 1983 at 10:30 a.m. Babyland II will celebrate their third Annual Graduation. (Read next month's issue for pictures and details!)

Carol J. Leadbetter  
Head Teacher

### Babyland Nursery



Day Care Center in Newark  
24 Hours 7 Days  
Ages 2½ Months to 5 Years

Flexible Drop-in Child Care  
Available For:

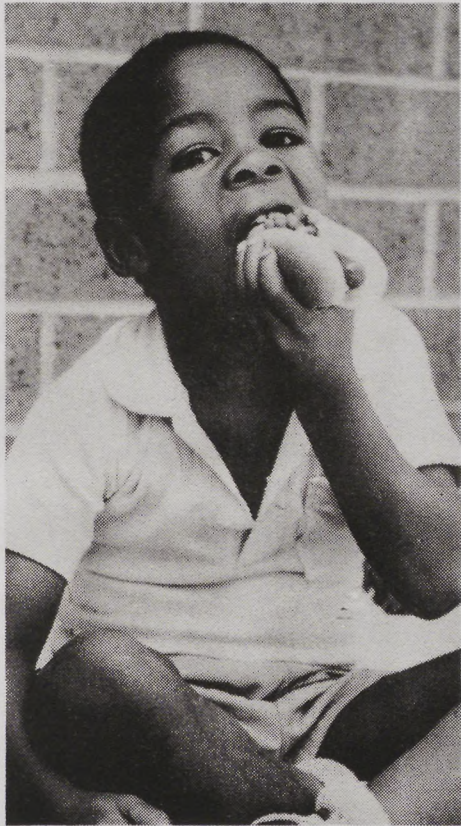
- Shopping
- Doctor's Appointment
- Domestic Emergencies
- Adult Education

(3 Hours Minimum)  
Ages 2½ Months to 12 Years

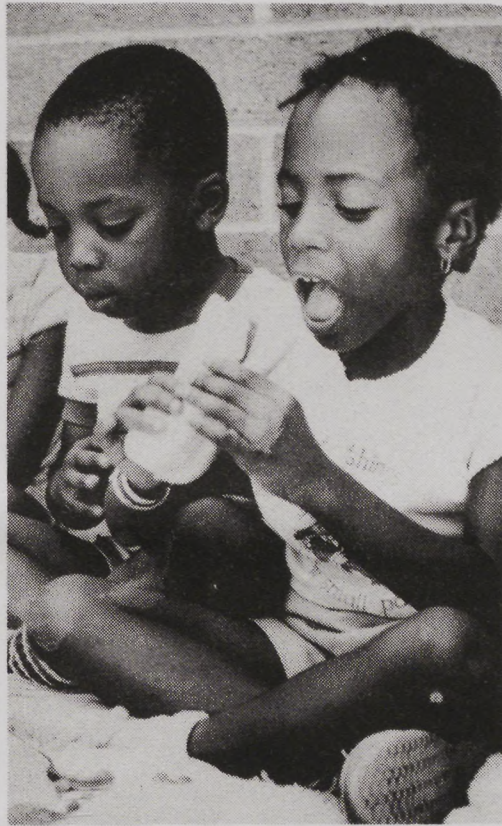
CERTIFIED TEACHING STAFF  
HOT MEALS AND SNACKS  
FOR INFORMATION - 375-3143



# Hot Dog Eating — An Art



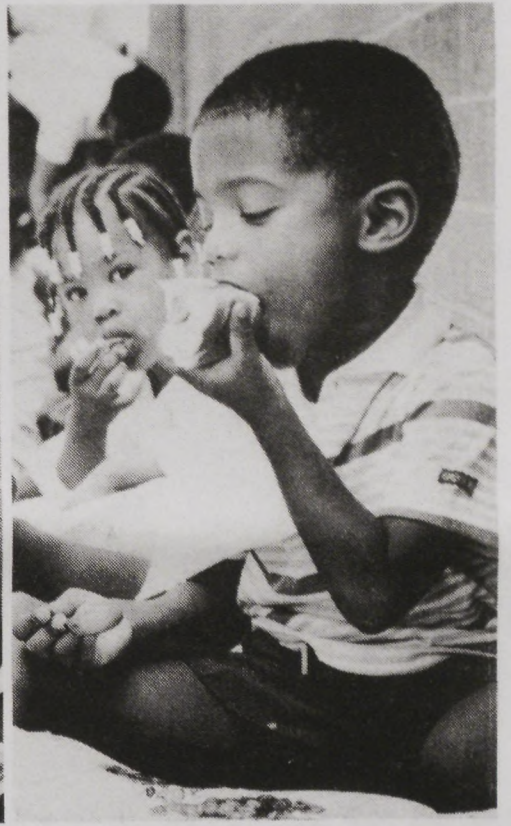
ONE HAND ... AN OLD PRO



OPEN WIDE. A HOT DOG LOVER



TWO HANDS ... A FIRM GRIP



... BITE FROM BOTH ENDS



**SMALLER, SMARTER.** This group of tiny tots got right down to business. They quickly left their rolls on the plate and took their subject right in hand.

## Health Alert - Aids

### Whats Is Aids? (Acquired Immuno Deficiency Syndrome)

AIDS is a disease in which the body's defense system for fighting infections does not function properly. Because of the condition, patients are very susceptible to overwhelming infections.

#### Who Gets Aids?

To date, the people who are susceptible to AIDS belong to one or more of the following groups: **Homosexuals, IV Drug Abusers, Haitians, Hemophiliacs.**

#### What Causes Aids?

The causative agent for AIDS has not as yet been found. Studies are currently being conducted throughout the country in an attempt to find the agent responsible.

### How Do You Get Aids?

The current theory is that AIDS is caused by an agent that behaves like the virus that causes Hepatitis B. Therefore, the transmission of AIDS is thought to be the same as Hepatitis B, that is through blood and body secretions.

#### How Can You Prevent Aids?

Avoid direct contact of skin and mucous membranes with blood, blood products, excretions, secretions, and tissues of persons judged likely to have AIDS.

**Follow Infection Control Procedures — Everyone should do their part to prevent spreading infection!**

The basic information appears above. New Community is planning a seminar in the near future so as to keep you better informed on ALL health problems.

## Social Services Special Event Calendar for August

Date	Event	Cost
8/4 Thurs.	NCC 15th Anniversary Classical/Jazz Concert 1 South 8th St. Show begins at 5:00 p.m. (Hors d'oeuvres & Beverages are included) Featuring - The Mickey Tucker Trio Curtis Watkins Deborah Blue John Alston * Transportation will be provided.	\$5.00
8/6 Sat.	Fishing Trip to Atlantic Highlands (full day) price includes transportation - bait, plus one rod & reel Bus will leave at 6:00 a.m.	\$21.00
8/8 Mon.	Trip to "Old Mill Inn Cafe" in Spring Lake Heights N.J. (includes meal & transportation) Bus will leave at 10:00 a.m.	\$15.00
8/12 Fri.	"Wine & Cheese on the Terrace" (Oldies but Goodies Dancing) 140 So. Orange Ave. 4:00 p.m.	\$3.50
8/14 Sun.	Trip to see George Benson At Garden State Art Center Holmdel, N.J. (includes ticket & transportation)	\$15.00
8/15 Mon.	"Trip to Bear Mountain" (bring picnic lunch) (transportation provided)	\$1.00
8/16 Tues.	"Mini Summer Concert" NCC Roseville Featuring - Curtis Watkins & John Alston At 2:00 p.m.	Free
8/17	Mini Summer Concert NCC Commons (140) 2:00 p.m.	Free
8/19	"NCC Annual Senior Citizens Block Party" (Bruce St. Between 180 & Babyland III) Begins at 1:00 p.m. Food - Entertainment	Free
8/22	5 Day Vacation Camp Tecumseh Pittstown, N.J. Meals Included	\$65.00
8/25	Mini Summer Concert NCC Gardens (265) 11:00 a.m.	Free
	Mini Summer Concert NCC Douglas (15 Hill St.) 2:00 p.m.	Free
8/29	Luncheon on the Glass Bottom Boat (Boat is moored on the Hudson River in N.Y.) Bus will leave at 10:00 a.m.	\$15.00
8/30	Mini Summer Concert NCC Manor (545 Orange St.)	Free
8/31	Mini Summer Concert NCC Associates (180 So. Orange Ave.)	Free





## Future Engineers of Newark

Children at Babyland III enjoy the summer sunshine while learning to "build for the future." Miniature construction toys allow development of gross motor skills.



## Face Problems

When a problem appears, there is a tendency to react emotionally and to worry, thereby energy is sapped and progress is stifled. The affected withdraws or resigns. The opiate of emotional reaction serves as a repressant to thinking and the mind is allowed to become shackled by self-pity, a sense of inadequacy, futility, hopelessness, and despair. What one might have attained is prevented by the way the mind is hampered.

The kind of thoughts one has may determine the personal world in which our lives and how one may deal with problems. When the mind is conditioned and subjected to spiritual change by spiritual thinking, the mind is set free, thought is renewed, life is solvent, and problems are dissolvable.

Problems are inherent in the structure of life, and are part of life. Strong people are made through struggle with problems. The history of the world abounds in great names of men and women who have had distressful problems, yet they solved their dilemma inspired by benevolence, sustained by innate courage, and transformed by the spiritual renewing of the mind. In many instances, they have gone on to perform better than before.

Pasteur had a paralytic stroke at the age of forty-six. Beethoven was deaf. Milton was blind. Joseph was sold into slavery. Mozart was poor all his life. Wilberforce, was an opium addict. Cervantes' left hand was permanently crippled. John Roebling's foot was crushed and toes severed. Washington Roebling suffered the "bends" and remained a near cripple the rest of his life. John Bunyan was jailed for twelve years. Wilma Rudolph was without use of her right leg during early childhood. All faced their problems, and in spite of them, went on to achieve success.

Some answers to problems may be resident in the mind. Built into each of us is the ability to think straight. We all have a creative potential. Thinking positively in a crisis tends to release mental forces that produce effective action.

There is a story told about some seamen facing the problem of being blown up by a floating contact mine, broken loose from a mine field and slowly drifting with the ebbing tide toward their ship. A general alarm was sounded, officers and men rapidly suggested what to do. There wasn't time to up anchor and shifting the position of the ship by starting the engines would only suck the mine

more rapidly inward. The mine was too close to the ship's magazine to be exploded with gunfire and it could not be pushed away with long poles for there was no time to disarm it. Tragedy seemed imminent. Suddenly an ordinary seaman stepped forward and shouted, "get the fire hoses," and a stream of water was played into the sea between the ship and the floating mine, creating a current that carried the mine into waters where it was safely exploded by gunfire.

Now, some problems are self-inflicted, that is, they are brought about by the individual. One transgresses the law and is thereby faced with a problem. The problem is commonly perceived as that of having to pay the price for the act: punishment or incarceration. Seldom does one admit to the seed which gave birth to the act — the thought. Recidivism attests to the fact that incarceration, per se, does not improve an individual. An individual does not change until first he is changed on the inside, and one of the factors to be concerned there is his thoughts. The person must undergo a "thought transplant" or a "mind transplant," where the individual is his own "neurosurgeon."

"A good tree does not bring forth bad fruit, nor does a bad tree bring forth good fruit." Sin is the cause of much of the problems of mankind. Most stealing is not done for the purpose of purchasing food, but for self-gratification, pleasure, and the acquisition of desired material. Since sin is the transgression of the laws of God, it seems axiomatic that a return to the observance and practice of the laws of God would reduce many of man's intrinsic problems. Our forefathers were poor economically but not poor in spirit. Recall how they would faithfully believe, "the Lord will make a way somehow." Out of those early years of struggle and pain came some of the strongest men and women this country has ever known. Problems? They knew problems, and when they could not readily solve a problem on their own, they would "take it to the Lord in prayer," reaching inwardly to the God within.

"Many are the problems of the righteous: but the Lord delivereth him out of them all." Psalm 34:19

Lewis Graves  
Springfield Branch  
New Public Library

## N.C. Roseville News

### "A Touch of Class at Roseville"

#### Mr. Curtis Watkins

As part of NCC's summer concerts series, Tuesday, July 19, 1983 Roseville welcomed Mr. Curtis Watkins. Mr. Watkins displayed some of his singing and piano playing talents for us as part of the NCC. "Summer Concert Series." The new NCC/St. Rose Cultural Advisor is off to a great start. As part of this Series he will be visiting all of the NCC senior buildings singing and playing the piano. Roseville residents were

pleased and enjoyed the tremendous talents of this man. BE sure to look for and listen to Mr. Watkins when he visits your buildings.

#### Good Neighbor Club

The N.C. Roseville "Good Neighbor Club" will hold a dinner sale, August 5, 1983. To order call 485-7777. Delivery is offered when necessary beginning at 11:00 a.m. - until we run out. So order early: "First come, first served."

Steve Perkins